Two Rides ... One Destination

NOVA MODEL 4500BK: GEMINI 2 IN 1 ROLLATOR TRANSPORT CHAIR COMBO User Guide

Safety and Warning Instructions

- DO NOT exceed 300 lb. weight capacity.
- DO NOT self-propel or scoot around while seated.
- Care should be taken to ensure that all detachable legs, castors, or any other moving objects are in good working order before operation.
- Periodically check handle and leg push buttons to make sure they are secure.
- Periodically check push buttons on backrest to make sure they are engaged.
- Always contact your physician or therapist before using to determine proper adjustment and usage.
- Brakes must be in locked position before using the seat. Do not attempt to push yourself or ambulate in any way.
- Both feet should rest flat on the ground when sitting.
- DO NOT push back on the backrest or extend your body over the backrest. It is not designed to support the entire weight of the user. Backrest must always be attached when rollator is in use.
- DO NOT use on stairs, escalators, moving sidewalks, or any uneven surfaces.
- DO NOT attempt to reach for items while seated on the rollator. This motion may cause a change in weight distribution and cause the rollator to tip or become unstable.
- Items should not hang over the top or front of the basket.
- Make sure rollator frame is fully opened before use.
- DO NOT sit on the rollator on an incline.
- DO NOT support your full body weight on the handles when attempting to sit down.
- DO NOT remove warning sticker.

FAILURE TO FOLLOW THESE INSTRUCTIONS CAN LEAD TO SERIOUS INJURY OR RESULT IN DEATH.
MISUSE OF THE ROLLATOR MAY VOID WARRANTY.

WARNING
DO NOT REMOVE WARNING LABEL
Failure to follow safety instructions may result in serious injury or death

DO NOT place arms or elbows on handles to walk or rise from seated position.

WARNING
Do Not Remove Warning Label
Failure to follow safety instructions may result in injury or death

DO NOT use as a wheelchair and do not self propel
Lock handbrakes when sitting and while seated
Backrest must be attached to walker prior to use
DO NOT use on stairs, escalators, or moving walkways
Consult your user manual before operating
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**Revised January 23, 2024*

Assembly Instructions

No Tools Required

Quick & Easy Assembly

WHAT'S INCLUDED

a. (1) Main Frame

b. (1) Pouch

c. (1) Footrests

Assembly Instructions

To unfold:

1. Push down on the middle of the seat support tubes until they are secured in the frame cradles (see Figure 1). You should hear the seat click when properly engaged (see Figure 2).

Figure 1

Figure 2

To fold:

2. Pull up on the seat strap to disengaged the lever from the cradle under the seat (see Figure 3).

Figure 3

3. Push the two ends of the seat support tubes together to fold the unit (see Figure 4).

Figure 4

To remove/attach the pouch:

5. While the unit is in the folded position, slip the nylon loop over the end of the seat support plug (see Figure 5).
Repeat for the other side.

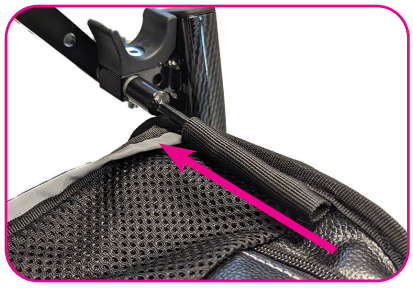


Figure 5

To Attach the footrests:

6. Determine the left and right side by folding down the foot plate and placing them in front of the seat. The foot plates should be facing each other and directly in front of the seat (Figure 6).

Figure 6

7. Locate the silver push button on the bottom of each footrest. Depress the push button so it slides into the hole on the frame (Figure 7).

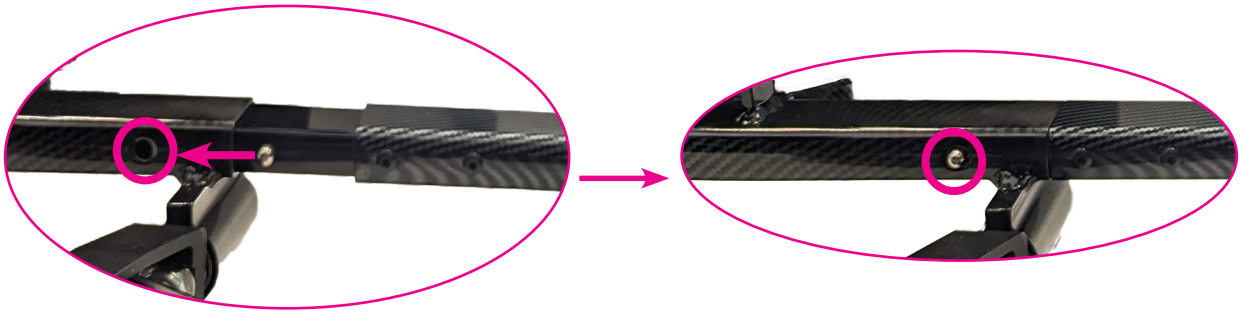


Figure 7

To Remove the footrests:

8. Depress the silver push button and slide the footrest off each side of the frame (see Figure 8).

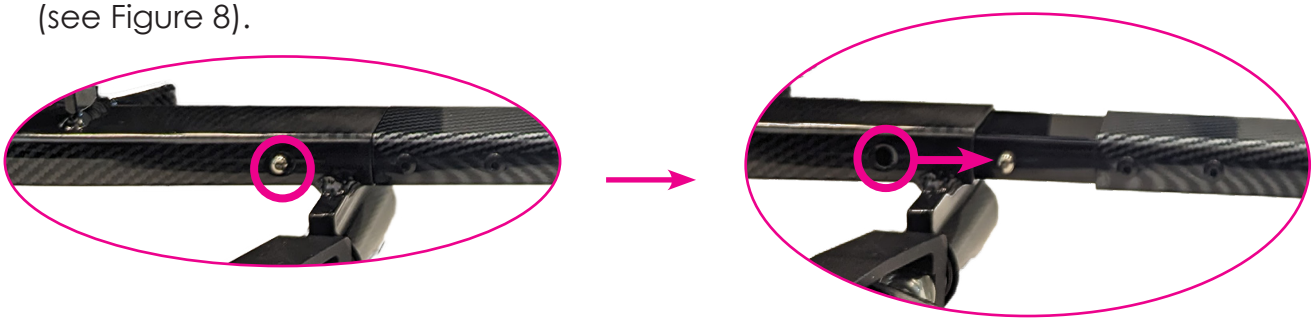


Figure 8

Operation Instructions

To adjust the handle height

1. Turn the knob counter-clockwise to loosen the handlebar (see Figure 9).

Figure 9

2. Set the correct adjustment height for the end user by moving the handle up or down to the appropriate numbered line on the handle bar (see Figure 10). Please also review "How to properly fit your walker".

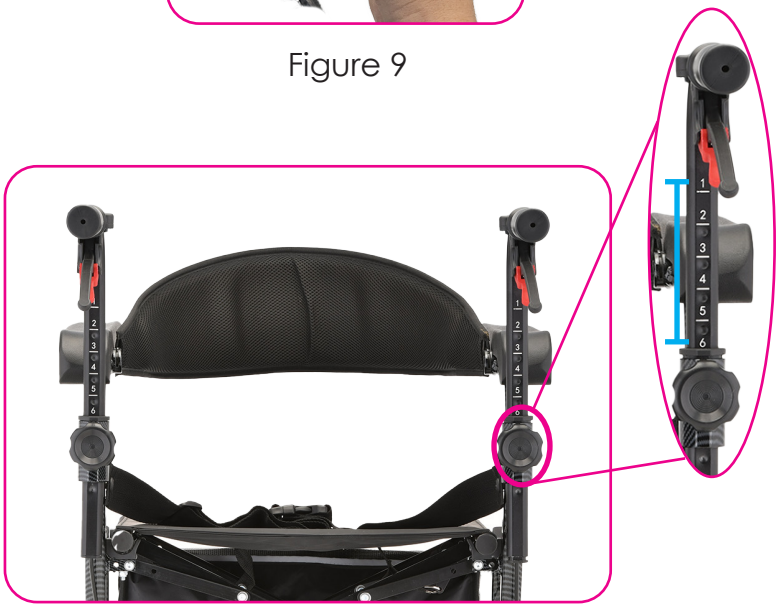


Figure 10

3. After the handle height has been selected turn the knob clockwise to tighten. Ensure the knob is fully tightened into the groove on the handlebar before operating the unit. The handle bar should not move after it has been fully tightened (see Figure 11).

Figure 11

To use the handbrakes

4. To use:
Squeeze handbrake to stop the rollator or control your walking speed.

To lock:

1. Squeeze on the black brake lever until you hear an audible click to signify the brakes are engaged (see Figure 12).
2. Repeat for the other brake handle.
3. Check that the brakes are engaged by trying to push the rollator, there should be no movement from the wheel once properly engaged.

Figure 12

To unlock:

1. Using your index finger, squeeze the red lever to unlock the unit (see Figure 13).

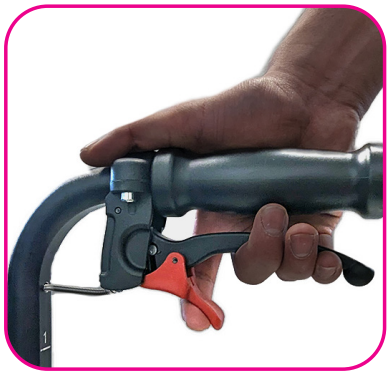


Figure 13

To use the backrest

5. When operating as a rollator use the backrest facing the front of the unit When operating as a transport chair flip the backrest so the end user may sit in the chair (see Figure 14),

Figure 14

How to Properly Fit Your Rollator

Rollators are not One Size Fits All, and it is very important to choose a rollator that fits your height.

Two things to consider are:

1) handle height for proper walking posture

2) seat height - which should allow you to sit safely and comfortably on the rollator with your back resting on the backrest, your feet flat on the ground and your legs at a 90 degree angle.

How to sit with a rollator

1. Lock the brakes by pushing down on the brake handles until it locks in the downward position. Brakes must be on the lock position for the remainder of the sitting
2. Test the rollator before sitting down to make sure that it will not roll.
3. Use the handles to stabilize your body as you turn around.
4. Before sitting, touch the back of your legs to the edge of the seat to ensure proper positioning of the rollator.
5. Holding the handles, slowly lower your body onto the seat.

DO NOT support your full body weight on the handles when attempting to sit down.
The rollator is intended for stationary seating only. If someone sits then pushes with their feet, the walker could easily tip and cause a fall. The walker should not be used as a wheelchair and it should never be pushed or rolled when someone is sitting on it.

How to stand with a rollator

1. Make sure the brakes are engaged in the downward position
2. Sit as comfortably on the edge of your seat
3. Keep your toes in line with the edge of your seat
4. Place both hands on the chair or one hand on the chair and one hand on the rollator
5. Never put all of your weight on the rollator, as it could make the rollator move
6. Lean forward until some of your body weight is on your feet
7. Use your legs to stand, your arms should only be lifting the weight your legs cannot
8. Do not move forward until you are certain about your balance
9. Unlock brakes and walk.

When Using as a Transport Chair

To Sit Down

1. Engage the rear wheel locks so that the wheels by pushing down on the brake handle until the brake shoe presses firmly on the wheel and prevents the chair from rolling.
2. Flip back the backrest from the front to the rear position.
3. Flip the footrests into an upright position so that the user can stand between the footrests with the back of their legs touching the seat upholstery.
3. From behind the chair assist the user by slowly lowering them into the chair.
4. Always be sure to use the seat belt when seated

To Rise from Seated Position

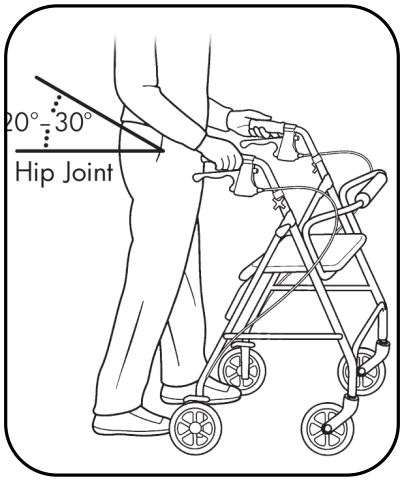
1. Engage the rear wheel locks so that the wheels by pushing down on the brake handle until the brake shoe presses firmly on the wheel and prevents the chair from rolling.
2. Flip both footrests into an upright position.
3. Place both feet firmly on the ground and rise slowly from the chair with the assistance of a care giver.

To Prevent Tipping Over when Sitting

Distribute weight evenly on the seat. DO NOT lean on one side of the rollator.
Both feet should rest flat on the ground.
DO NOT support your full body weight on the handles when attempting to sit down.

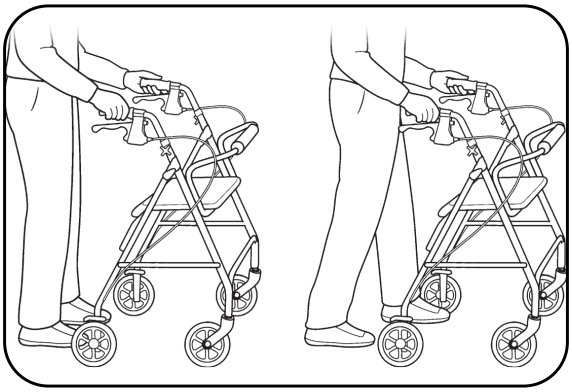
Determining the Correct Handle Height

Stand upright behind the rollator with your arms hanging at your side and both feet in line with the rear wheels. Adjust the height of the rollator legs so that the rollator handles are even with your wrists. This should create a 20 to 30 degree bend in the elbow when using the rollator.



How to walk with a rollator

1. Hold the handles with your fingers resting around the handbrake in the squeezing position. This position will allow you to quickly stop the rollator or control your speed if necessary by squeezing the handbrake.
2. Roll your rollator slowly forward so that the rear wheels are a few inches ahead of your body.
3. Step forward and place one foot in line with the rear wheels.
4. Maintaining a steady roll forward, place your other foot in line with the rear wheels.
5. Determine a pace that is comfortable and allows you to place each step in line with the rear wheels.



How to adjust the brakes

The following information is designed to assist you with the adjustment of your NOVA Handbrake System. Note: The braking system on your new NOVA rollator has been preset from the factory. To maintain this preset position, be sure that the tension adjustment screw locking nuts are tight against the housing and the rear wheels. If you are still having difficulty with your brakes, you can adjust them by doing the following:

To Tighten the Brakes
Turn the tension adjustment screw counter clockwise, this will allow the brake shoe to get closer to the wheel. Continue until you reach the desired tension.

To Loosen the Brakes
Turn the tension adjustment screw clockwise, this will allow the brake shoe to rise away from the wheel. Continue until you reach the desired tension. Tighten the nut back down so that it is tight against the top of the brake pad after you have achieved the desired tension.

Tighten the Brake

Loosen the Brake

OPERATING INSTRUCTIONS

SERVICE

All service must be performed while the transport chair is unoccupied.

Minor adjustments may be attempted by an able-bodied individual. All minor adjustments that one should attempt are detailed in the manual. Do not attempt any adjustment or repair without reading and understanding the instructions in this manual. Do not attempt any adjustment or repair that is not detailed in this manual. Any adjustment or repair not detailed in this manual should only be preformed by a dealer or licensed technician.

Individuals with muscular or balance problems should not attempt to make adjustments to the product, and are advised to seek assistance.

After any adjustment, and before using the product, ensure that all attaching hardware, including without limitation all grips, screws, nuts, bolts, clamps, fasteners, and parts are tight and secure.

DO NOT use parts, accessories, or adapters other than those manufactured by NOVA Medical Products, Inc, which are designed specifically for this product.

SAFETY INSPECTION - MAINTENANCE

Your product is a precision product - proper care will ensure proper function. Regular cleaning will reveal loose or worn parts. DO NOT over tighten parts or hardware, as doing so can damage the frame. DO NOT operate the product if there are any missing parts or hardware. You should have a dealer or qualified professional perform maintenance on your product at least once every six months, or immediately if you notice any item needing service. Frequent use likely means that your product will require more maintenance than we suggest. In anticipation of and after any excessive use, we recommend that you perform a complete safety inspection including all items.

ITEM	INSPECT ITEM	INITIAL	WEEKLY	MONTHLY	6 MONTHS
GENERAL	Transport chair should roll straight, doesn't feel "tight" or pull to one side	X	X		
	Inspect for loose, missing, or broken hardware in all locations	X		X	
	Inspect cane hand grips for wear, looseness, or deterioration	X			X
FRAME	Inspect for bent frame	X		X	
	Inspect weld points for cracks, chips, or loose material	X			X
CROSS-BRACES	Inspect for bent cross-braces	X		X	
	Inspect weld points for cracks, chips, or loose material	X			X
BRAKES	Ensure brakes do not interfere with wheels when rolling	X	X		
	Pivot points free of wear and looseness	X		X	
	Brakes are easy to engage, and engage fully	X	X		
	Brakes prevent transport chair from moving when engaged.	X	X		
SEAT AND BACK	Inspect upholstery for rips or sagging	X			X
	Inspect for loose or broken hardware	X		X	
WHEELS	Lift, spin, and check for side movement, rubbing, or binding	X		X	
	inspect the rubber wheels have sufficient tread and brakes can be engaged	X			
	Inspect for cracks and wear (hubs and rims)	X		X	
	Inspect for cracked or broken spokes	X			X
HAND RIMS	Inspect for signs of rough edges or peeling	X		X	
FRONT FORKS	Inspect wheel/fork assembly for proper tension by spinning caster. Caster should come to a gradual stop, and not bind or grind	X		X	
	Adjust bearing system if wheel wobbles noticeably or binds to a stop	X		X	
	Ensure wheel bearings are clean and free of debris	X			X
	Check swivel fork locknuts for tightness	X		X	
CLEANING	Clean upholstery and arm rests	X	X		

Maintenance

Check your rollator periodically to make sure that the brakes are working correctly and that all of the nuts and bolts are secure. DO NOT use the rollator if the brakes are not working correctly.

Warranty Information

NOVA stands firm on our commitment to providing the highest quality products, as well as exceptional service. This product was built to precise standards and thoroughly inspected prior to shipment. This warranty represents our confidence in the materials and workmanship of our product. NOVA extends this warranty only to the original purchaser of this product. The warranty does not extend to any subsequent purchaser or owner. The warranty is void upon any sale or transfer of ownership or use by other person. NOVA warrants its products are free from defects in material and workmanship under NORMAL use for the period commencing upon the date of purchase and continuing for the following specified period of time after that date:

Metal frame: Limited Lifetime Warranty
Brakes: 5 Years
Non-Metal/Metal parts: 1 Year Limited Warranty
(Wheels, Hand Grips, Padding, Cables, Upholstery, Bag, Screws, Plastic Parts)
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This warranty does not cover problems due to user negligence, misuse of the product, failure to adhere to product instructions, or normal wear and tear. Items that have been subject to negligent abuse, modified without prior written authorization are not covered within this warranty. For warranty service, please contact the dealer from whom you purchased your NOVA product. In the event that you do not receive satisfactory service, please call us directly at the number below. Be prepared to indicate, the nature of the defect, the product serial number, and the name and location of where you purchased the product. You will also be required to provide a receipt of your purchase. DO NOT return any products to our office without prior consent. Repair or replacement is the only remedy under this limited warranty. This warranty does not include any labor or shipping charges incurred in replacement part installation or repair of product.

THIS WARRANTY IS EXCLUSIVE AND IN LIEU OF ALL OTHER EXPRESS WARRANTIES, IMPLIED WARRANTIES, IF ANY, INCLUDING THE IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE. NOVA SHALL NOT BE LIABLE FOR ANY SEQUENTIAL OR INCIDENTAL DAMAGES WHATSOEVER.

Remember to keep the product's serial number and the date of purchase

CHOOSE nova joy

SINCE 1993

NOVA believes in the power of joy. We are guided by joy, and inspired by our customers who **choose joy** everyday and every step of the way.

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⚠ WARNING:
Cancer and Reproductive Harm - www.P65Warnings.ca.gov.

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